



Grow North

A HELPING HAND TO GROW YOUR OWN...

Get inspired, get your fingers in the soil and savour the satisfaction of eating your own delicious crops. The Black Isle is ideal for growing a range of fresh produce – learn how now!

- 8 training days covering starting your garden, sowing seeds, planting out, pests and diseases, caring for your crops, composting, fruit, herbs, harvesting and preserving.
- See the season progress at the study sites
- Seedlings and plants to take home for your garden
- Detailed notes forming a growing guide
- Opportunities to meet other new and experienced growers
- Practical help days – offer and receive help with larger tasks in the garden, e.g. putting up a polytunnel,
- Garden visits to established grow-your-own gardens



To register interest or to find out more please contact Sheila Wickens 01463 870223 / 07948 329520 or email grownorth@transitionblackisle.org



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